

WASHINGTON MEDICAL PSILOCYBIN ACT SB 5921

A Safe, Regulated, Medical Approach
to Psilocybin Therapy



SB 5921 establishes a state-regulated medical psilocybin program in Washington:

- Creates a responsible, medical-first approach to psilocybin overseen by DOH
- Places treatment decisions in the hands of licensed medical professionals
- Supports both intensive therapeutic care and low-risk outpatient microdosing
- Builds a transparent, accountable in-state supply system
- Reduces harm while protecting patients and providers

Psilocybin is a natural compound found in certain mushrooms, and it has shown remarkable potential for treating various mental health conditions. Studies from institutions like Johns Hopkins, UCLA, and NYU have demonstrated that psilocybin-assisted therapy can help people suffering from:

PTSD



Psilocybin helps reduce symptoms like anxiety and flashbacks in those with Post Traumatic Stress Disorder (PTSD).

ADDICTION



Clinical trials indicate that psilocybin can help curb alcohol and opioid dependency by addressing underlying emotional pain and promoting behavioral change.

DEPRESSION



For those with severe or treatment-resistant depression, psilocybin has provided sustained relief, often after just one or two sessions of assisted therapy.

END-OF-LIFE ANXIETY



It helps cancer patients manage anxiety and depression as they face terminal illness.

Testimonials:

Following treatment of their husbands; wives of military veterans said:

*"I finally got my husband back."
"He sleeps through the night."
"It feels safe to come home."*

Dr. Claudia Cuentas | Owner of Cora Center
Licensed service center in Portland, OR

Why This Matters for Washington

- Washington State is in the midst of a mental health and addiction crisis.
- Novel solutions are needed to improve public health.
- Supports veterans, cancer patients, and others with unmet needs.
- When people heal, that helps their families, and our community.



For more information please contact Jenna McKenzie: tidewaterconsults@gmail.com and
Visit the Coalition for Better Community Health: <https://bettercommunityhealth.org/>